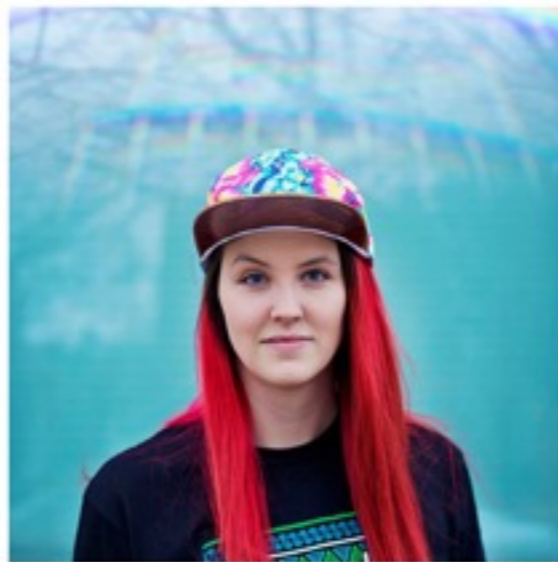
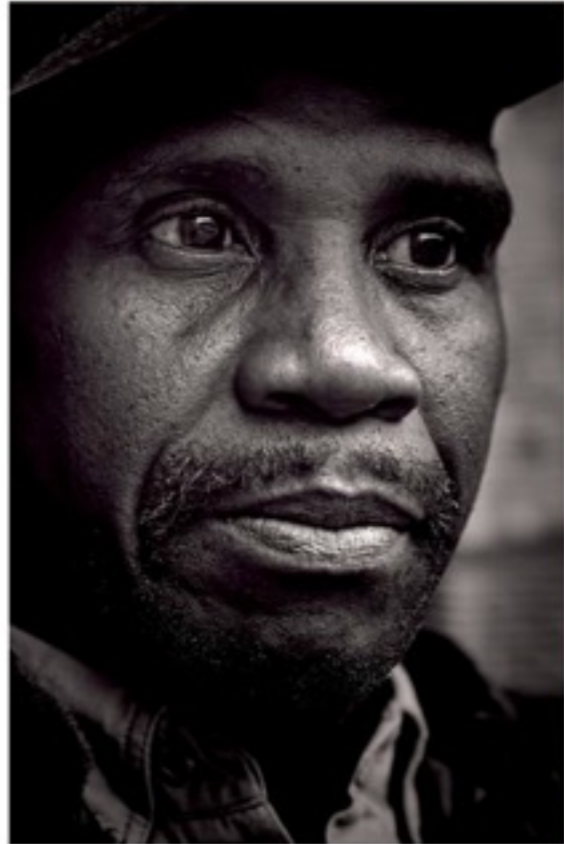
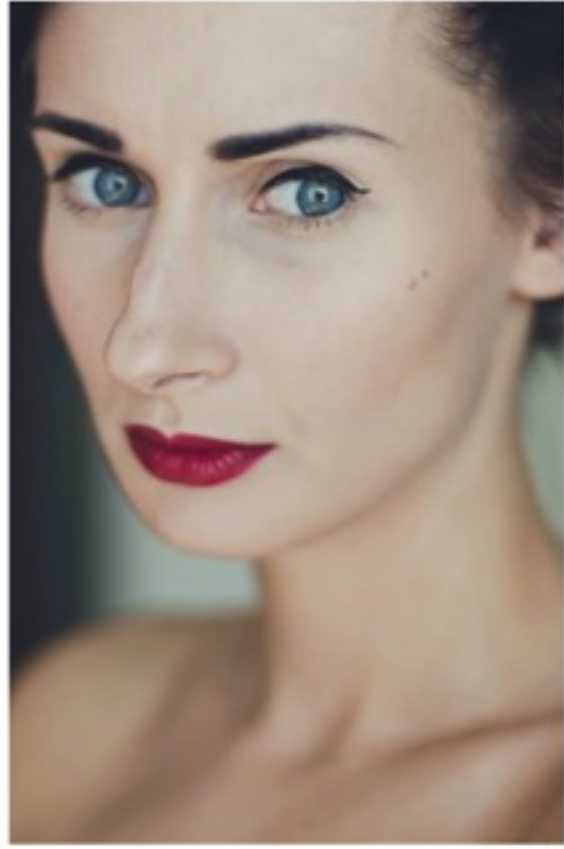


# Who Inspires YOU?



# Who Inspires YOU?



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The reason people inspire us is because we see something in them that we wish we could be ourselves. For example, Ellen Degeneres might inspire you because you wish you could help others in need like she does, or you wish you were as funny as she is.

Maybe, you are inspired by an author, political figure, actress, singer, or a saint. Whoever it is, they represent the same moral value you have and therefore you admire them for living out their Limitless Spark.

# Take Action!



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In your journal write down **AT LEAST 1** person you personally know who inspires you and another who is famous who you follow on social media, TV, movies or books.

What it is about each of them that you admire? Write down at least 3 things about each person.



Are you able to see any relation between the two types of people?

Is it what they do for a living? Is it what they stand for and believe?

Can you incorporate what you admire about them into your life to give you meaning and purpose?

Write down what comes to mind...

# Find a Mentor



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It's important we're always looking for ways to grow and be **INSPIRED!** Mentors can be found through the people we know personally, people we look up to, as well as people we have never met before now.

Social media has changed the way we gain knowledge. You don't have to wait to meet someone in order to learn from them any more.

# Take Action!



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So TODAY, in your attempt to find your “Limitless Spark”, follow two, NEW to you, people on social media that have the same values and interests you do and subscribe to their newsletter if they have one.

In fact, if you think you have already discovered your Limitless Spark and you know someone, NEW TO YOU, that you can follow that's in the same category that you are interested in learning more about, then by all means follow them.

You're on the right track!

# Journal



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- Who did you choose to follow?

Write their names down in your journal.

# Next Steps...



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## DAILY...

- Watch for their postings on social media
- Read their newsletters the day they are sent to your in-box
- Write in your journal anything that is posted that moves you to take action.
- Follow through on whatever you felt prompted to do!!!