



## Finding Jesus



As we go about our day, Jesus is with us. He's every where in everything we see and do. But the big question is, "Do you see Him?" I believe he's calling out to us throughout our day, it's whether or not we have eyes and ears for Him.

This exercise is for you to look for Jesus in your day ON PURPOSE and then once you do recognize Him, tell Jesus you love Him.

### Here's how it works...

☀ Every morning upon waking, ask Jesus to show Himself to you. Do you know that prayer is actually just a conversation with Him? The more you practice talking with Jesus like a friend, the more He becomes one. Simply by saying His name, He is present.

### Here is an example of a prayer to start your day.

*"Jesus, I love you and want to see you throughout my day today. Will you show yourself to me? Open my eyes and ears so I might know it's You when I see You."*

Here's a beautiful passage from one of my favorite books, "He and I". It's a journal entry from a woman, Gabrielle Bossis, who has conversations with Jesus throughout her life.

**April 26th, 1948- Gabriella writes-** *"Returning from Paris I had the surprise of finding that a family of nightingales with the loveliest song in the world had a nest above my window looking out on the avenue of lime trees."*

**Jesus replies,** *"Nothing could make you happier, could it? I too know how to make surprises. Some people don't see them. Im so glad that you guessed. On earth you always have to guess. I'm always hidden behind the door. Sometimes you didn't see Me: do you remember? See me in everything, for I am everywhere for all of you."*

☀ When you find Him, tell Him you love Him. Then have a conversation with Jesus just like Gabrielle did.

☀ As always, journal about your day seeking to see and hear Jesus.

From the birds in the nests to the people you encounter throughout your day. Seek to see Him ON PURPOSE. The joy that will come is insurmountable. Not only will you see more beauty around you but you will also see the face of Jesus in your loved ones and even strangers. What could be better than that?!

