



RISE Higher *Process*

I-Identify

After watching the slide-show you see that there are many ways to increase your income and save for that special thing or save for the peace of mind that you have money saved.

NOW is the time to decide what you need extra money for during this time in your life. Write down what that is in your journal.

S-Seek

Budget

Creating a budget is one of the most important things you can do if you don't currently have one. You will quickly learn where you are overspending and where with a few simple tweaks, you can save some money. It will also allow you to see how much you need to earn to accomplish your goal in this Pursuit.

If you haven't created your budget yet, do that NOW. Go back to the module and download the budget template to help walk you through it.

Set Your Goal!

1. Write it down

2. Why is this goal important to you

3. Set proper expectations (rate from 1-10)

1. Be honest with yourself. How difficult will this be? _____

2. How important is it that I accomplish this goal? _____

3. Do I have the resources and the skills to achieve what I am setting out to do? _____

4. How committed and motivated am I? _____

4. Write action commitments for your goal

Examples

- ❖ **Goal**-Put \$50 into the savings account a month
- ❖ **Why**- Have extra income in the bank for an emergency. I stress about not having money to cover any emergency that could happen. This will help me sleep better at night and worry less.
- ❖ **Expectations**-8,10,10,10
- ❖ **Action Commitments**-Stick to the budget, and use the coupon app to save on groceries, and meal plan, so I don't eat out during the week.

E-Experience

It takes a conscious effort and a bit of extra time to save and earn a significant amount of money each month. Having extra income gives you financial security as well as the things that bring MORE joy in your life... if you're willing to create a budget, set a goal, and consciously work at it each day.

YOU'VE GOT THIS!!

“Discipline is the bridge between
goals and accomplishment.”

-Jim Rohn



Ready to Crush!

My Stash Some Cash Goal is...

Action commitment goals to reach my BIG goal

- ❖ _____
- ❖ _____
- ❖ _____
- ❖ _____
- ❖ _____

Share with your Empower Partner